



A FAITHFUL WOMAN

bible study journal



ALISABETH CHRISTIAN





*this beautiful
journal belongs to:*

my prayer for you...

It is my sincerest and deepest hope that this notebook would bring glory to God: The Father, Son, & Holy Spirit. I pray that your journal would help you grow deeper in faith and in His Word.

*A wildflower redeemed,
alisabeth christian*

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Published by For The King Publishing
Macon, Georgia 31220
www.forthekingpublishing.com

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Designed in the USA



OUR MISSION IS TO PROVIDE CHRIST CENTERED MATERIALS TO INSPIRE
OUR READERS TO A DEEPER FAITH & UNDERSTANDING OF THE ONE TRUE KING





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how-to guide

IF YOU ARE NEW TO STUDYING GOD'S WORD, FIRST AND FOREMOST, I WANT TO WELCOME YOU FRIEND! YOU ARE EMBARKING ON A MOST INCREDIBLE, LIFE-CHANGING JOURNEY OF EXPLORATION, HEALING, AND GROWTH. WHEN YOU STUDY THE WORD OF THE LORD, YOU ARE DRAWING NEAR, OR COMING CLOSE, TO HIM. HE TELLS US IN JAMES 4:8 ERV "COME NEAR TO GOD AND HE WILL COME NEAR TO YOU."

IF YOU ARE A SEASONED WOMAN IN THE WORD, I ALSO WELCOME YOU AS YOU UTILIZE THIS JOURNAL AS YOUR SPACE TO CONTINUE ALONG YOUR SWEET JOURNEY.

different methods

THERE ARE VARIOUS STUDY METHODS TO BE UTILIZED WITHIN THE PAGES OF YOUR JOURNAL. TO GET YOU STARTED, I'VE OUTLINED THE TWO MOST RECOGNIZED BELOW:

s.o.a.p

- S. SCRIPTURE
- O. OBSERVATION
- A. APPLICATION
- P. PRAYER

s.p.a.c.e.

- S. SIN TO CONFESS
- P. PROMISE TO CLAIM
- A. ATTITUDE TO CHANGE
- C. COMMAND TO OBEY
- E. EXAMPLE TO FOLLOW





methods explained

s.o.a.p

S. SCRIPTURE
O. OBSERVATION
A. APPLICATION
P. PRAYER


THE **SOAP METHOD** FOR BIBLE JOURNALING WAS DEVELOPED IN 1984 BY PASTOR WAYNE CORDEIRO*. IT IS A SIMPLE YET EFFECTIVE WAY TO ENGAGE WITH GOD'S WORD. IT CONSISTS OF FOUR KEY STEPS, EACH BRINGING YOU CLOSER TO THE HEART OF SCRIPTURE.

• **S – SCRIPTURE:** CHOOSE A PASSAGE OF SCRIPTURE FOR YOUR STUDY. IT COULD BE A SINGLE VERSE OR A LONGER PASSAGE THAT SPEAKS TO YOU. WHEN SELECTING A SCRIPTURE PASSAGE, LET YOUR CHOICE BE GUIDED BY THE HOLY SPIRIT OR BY THE CURRENT NEEDS OF YOUR SPIRITUAL JOURNEY.

• **O – OBSERVATIONS:** DELVE INTO THE PASSAGE AND MAKE OBSERVATIONS. WHAT THEMES, MESSAGES, OR LESSONS STAND OUT TO YOU? TAKE YOUR TIME TO GRASP THE CONTEXT AND DETAILS. OBSERVATION IS THE HEART OF THIS METHOD. AS YOU READ AND REREAD THE CHOSEN PASSAGE, THE SECOND STEP IS TO PAY CLOSE ATTENTION TO DETAILS, KEYWORDS, AND THE OVERALL FLOW.

• **A – APPLICATION:** CONSIDER HOW YOU CAN APPLY THE SCRIPTURE AND YOUR OBSERVATIONS TO YOUR LIFE. PERSONALIZE IT BY ASKING YOURSELF HOW THE PASSAGE APPLIES TO YOUR LIFE.

• **P – PRAYER:** PRAY AND ASK GOD TO REVEAL HIS WORD TO YOU. GOD ANSWERS, MAYBE NOT THE WAY YOU WANT HIM TO AND HE MAY ALSO NOT ANSWER YOU IN THE TIMEFRAME THAT YOU WOULD LIKE BUT, HE DOES ANSWER, IN HIS PERFECT TIMING.





methods explained

s.p.a.c.e.

- S. SIN TO CONFESS
- P. PROMISE TO CLAIM
- A. ATTITUDE TO CHANGE
- C. COMMAND TO OBEY
- E. EXAMPLE TO FOLLOW

THE **SPACE METHOD** FOR BIBLE STUDY WAS ORIGINALLY DEVELOPED BY PASTOR RICK WARREN AS “*SPACEPETS*”*. IT IS ANOTHER EFFECTIVE WAY TO DEEPLY ENGAGE WITH GOD’S WORD. AS YOU BEGIN YOUR STUDY TIME: START WITH PRAYER, ASKING THE HOLY SPIRIT TO SHOW YOU WHAT HE WANTS YOU TO LEARN AND UNDERSTAND. FOLLOWING PRAYER, READ A PASSAGE OF SCRIPTURE AND ASK YOURSELF THESE FIVE QUESTIONS. IS THERE A/AN:

• **S – SIN TO CONFESS:** IS THERE SOMETHING GOING ON IN MY LIFE THAT I AM FEELING CONVICTED ABOUT AND THAT THE HOLY SPIRIT IS PROMPTING ME TO BRING TO GOD, CONFESS, AND REPENT OF?

• **P – PROMISE TO CLAIM:** AM I SEEING IN SCRIPTURE A PROMISE FROM GOD THAT CAN, OR DOES, APPLY TO ME PERSONALLY?

• **A – ATTITUDE TO CHANGE:** HAS MY ATTITUDE BEEN CHRISTLIKE IN NATURE OR HAVE I BEEN THE OPPOSITE OF WHAT JESUS DESIRES ME TO BE LIKE AS FOUND IN PHIL. 2:1-5?

• **P – EXAMPLE TO FOLLOW:** IS WHAT I AM READING SHOWING ME A DIFFERENT AND RIGHTEOUS WAY OF LIVING, OR A WAY THAT I SHOULD AVOID, THAT CAN, OR DOES, APPLY TO MY LIFE?

references

SPACE METHOD: RICK WARREN • C. 2017 • BORROWED FROM WEBSITE
[HTTPS://PASTORRICK.COM/DEVOTIONAL/ENGLISH/SPACEPETS-PROBE-THE-BIBLE-WITH-THESE-QUESTIONS](https://pastorrick.com/devotional/english/spacepets-probe-the-bible-with-these-questions)

S.O.A.P. METHOD: DR. WAYNE CORDEIRO • CREATED IN 1984
[LIFE JOURNAL.CC](http://LIFEJOURNAL.CC) • USED BY PERMISSION





this is the
beginning
of a
beautiful
journey



BECAUSE HE BENDS DOWN TO LISTEN, I WILL PRAY AS LONG AS
I HAVE BREATH!
PSALM 116:2 NLT

promises





SEEK HIS
WILL

— IN ALL YOU DO —

Proverbs 3:6

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

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NOTES



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THIS IS MY
COMMAND

Be STRONG
AND
Courageous

→ DO NOT BE AFRAID OR
DISCOURAGED. ←

FOR THE *Lord* YOUR *God*
IS WITH *You* WHEREVER
YOU GO

JOSHUA | 1 : 9

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

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TRUST IN THE

Lord

Proverbs 3:5

WITH ALL YOUR HEART

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A decorative border of watercolor illustrations surrounds the central text. It includes various flowers like dahlias and lilies, green leaves, and raspberries. The style is soft and artistic, with a color palette of pinks, oranges, greens, and purples.

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DO NOT FEAR, FOR
I AM WITH YOU;
DO NOT BE AFRAID,
FOR I AM YOUR GOD.

ISAIAH 41:10

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"DON'T BE AFRAID. I SAVED YOU.
I NAMED YOU. YOU ARE MINE.
WHEN YOU HAVE TROUBLES, I AM
WITH YOU. WHEN YOU CROSS
RIVERS, YOU WILL NOT BE HURT.
WHEN YOU WALK THROUGH FIRE,
YOU WILL NOT BE BURNED; THE
FLAMES WILL NOT HURT YOU.
THAT'S BECAUSE I, THE LORD, AM
YOUR GOD. I, THE HOLY ONE OF
ISRAEL, AM YOUR SAVIOR.

Isaiah

43:1-3^{ew}



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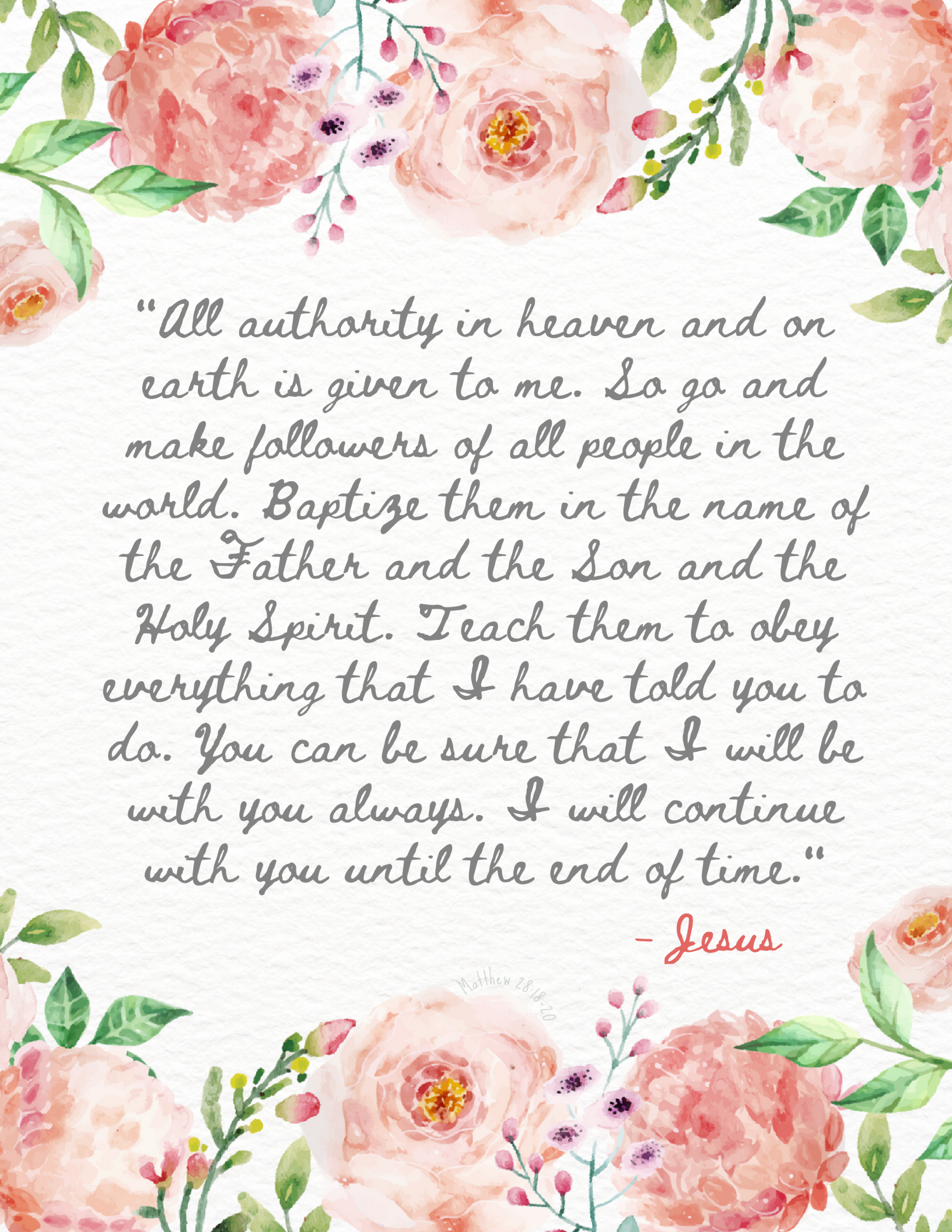
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"All authority in heaven and on earth is given to me. So go and make followers of all people in the world. Baptize them in the name of the Father and the Son and the Holy Spirit. Teach them to obey everything that I have told you to do. You can be sure that I will be with you always. I will continue with you until the end of time."

- Jesus

Matthew 28:18-20

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“

ALWAYS BE READY.
YOU DON'T KNOW
THE DAY YOUR
LORD WILL COME

MATTHEW 24:42 ERV

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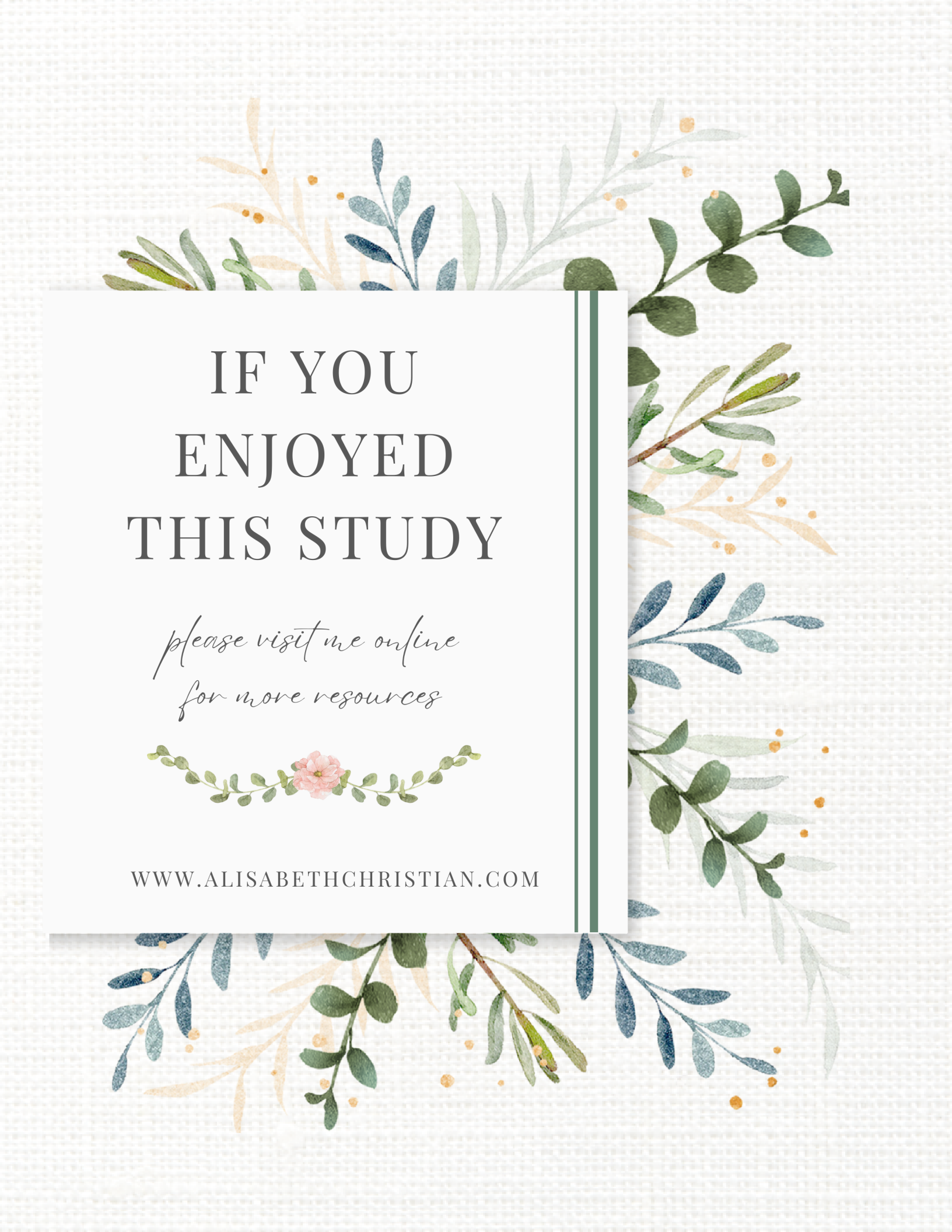




hear afisabeth's heart

At the core of my purpose is a passionate commitment to seeing women experience profound growth in their faith through the redemptive power of Jesus Christ and the transformative healing found in the study of the Bible. As an author, my heart is dedicated to providing women with a companion on their spiritual journey – a journal carefully crafted to guide them through the enriching process of growing deeper in their relationship with Christ. My hope is that this journal has been transformative and has been a sacred space for introspection, prayer, and connection with the Word. My earnest hope is that within the embrace of these pages, you have discovered a source of strength, renewal, and a pathway to a more profound understanding of their faith. Thank you for joining me as we embarked on this journey together, where the transformative power of Jesus and the wisdom of the Bible converged in a journal designed to nurture and deepen your connection with the Sacred.



A decorative border of watercolor-style leaves and flowers in shades of green, blue, and orange, framing the central text area.

IF YOU ENJOYED THIS STUDY

*please visit me online
for more resources*



WWW.ALISABETHCHRISTIAN.COM